



# *Equine Program Handbook*

FAITH \* FAMILY \* FARM & FREEDOM

COME RIDE WITH US!

**C BAR C LLC**

1275 SW HWY 0 Blairstown, MO

816-213-6063

*cbarcridinglessons.com*

## C BAR C LLC RIDING PROGRAM

Our riding program is unique in that we are a faith-based lesson and therapy ministry program. We offer weekly lessons, therapy riding, day camps, week long camps, sleep-over camps, family trail rides, and much more! We have horse shows and events that are fun for the whole family! This variety of opportunities creates options for riders of all ages and abilities.

*The Goals and Objectives of the C BAR C Riding Program align with our motto of FAITH, FAMILY & FARM; COME RIDE WITH US!*

C BAR C exists to provide families a safe, fun, experience in a traditional equine environment. Everyone at C BAR C will learn about themselves and work with others, while creating positive lifelong memories.

## MEETING THE NEEDS OF THOSE INVOLVED

### Physical Needs:

Even at the most basic level, horseback riding is good exercise for the muscles, heart and lungs, Strengthens the torso and promotes joint flexibility, Passive stretching of the abductor muscles in the legs, Stimulates inner ear because horseback riding is a team sport (horse and rider combination), it is one of the few sports that allows males and females to participate on equal footing physically.

### Mental Needs:

Problem solving capabilities are developed by striving to get the desired action from the horse, Imaginative lessons can stimulate regular academic learning, Mental stimulation for riders as they try to understand what the instructor wants them to accomplish

### Emotional and Social Needs:

Many people have difficulty relating to peers, children and/or adults. Emotional scarring due to broken homes, family problems, abuse or other traumas can cause relational problems. A horse will usually treat a person in a manner that responds directly to the way it is being treated, Horses can be used as examples in moral, spiritual and character building lessons

## *SAFETY*

Safety is the main priority at C BAR C, and guidelines must be adhered to at all times by all visitors. Siblings are welcome, and we encourage you to enjoy the swing set & picnic table. For safety reasons, all visitors are required to stay off the trampoline, out of the pool, and leave the farm animals alone (to include but not limited to: dogs, cats, chickens, ducks and others). Friends and Family (up to 3) are always welcome at C BAR C during individual lessons.

There are specific safety responsibilities which are adhered to, such as: horse rotation/usage schedules, weather rotation schedules, keeping barn areas organized, safe and clean. Staff will always communicate with families, be organized and keep the overall objectives of the program in mind.

The C BAR C team & families agree to: Remain adaptable and flexible, ALWAYS PUTTING SAFETY AND THE HORSE FIRST, discuss concerns & incidents right away, & participate in an environment that displays Christian moral values such as Honesty, Integrity, Loyalty, and Patriotism, Stewardship, Accountability & Kindness.

**All those who participate and/or interact with the horses must sign the C BAR C waiver, and follow all SAFETY RULES.**

### *GENERAL BARN SAFETY RULES*

1. Stop, Look, and Listen; Use caution when walking around horses; No Running in Barn.
2. Keep voices soft and gentle.
3. Stand to the front and sides of horses.
4. Boots, Jeans & Helmets (18 and Under) must be worn whenever on horseback.
5. Listen to barn staff and respond appropriately & immediately.
6. Treat equipment with care, and always put it away properly.
7. ALWAYS keep anything wrapped or tied to your horse free from your body.
8. Listen and Learn with Respect.
9. Keep feet safely on the ground at the barn, around fences and gates.
10. Know C BAR C Policies; No playing with farm animals (to include dogs).

## *CANCELLATION POLICY FOR ALL EQUINE EXPERIENCES*

Making sure riders get plenty of time with the horses is a critical component to our program. The C BAR C Schedule meets these needs, by all families adhering to their commitment for a spot at camp, or a specific lesson time. If you don't feel that making that commitment is in your best interest, we invite you to participate in our monthly events.

If you do desire a lesson or event spot, please choose a time that works for your family and make the commitment to be there. If you are absolutely unable to make it, each rider is permitted one make up lesson per session. When you miss a lesson, you are still required to pay for that time spot or event. Lessons are not carried over from a previous session. Due to the nature of farm-life, weather unpredictability and structured scheduling, REFUNDS are never issued. C BAR C is not liable for any financial compensation for any reason whatsoever.

### Cancellation:

- ★ Make every effort to call within 24 hours' notice.
- ★ Make up the lesson on the scheduled make up day.
- ★ Send a friend or relative to enjoy the equine experience during your time spot.

## *RIDING SESSIONS*

Learning how to ride takes time, routine, structure, and practice. For this reason, lessons are offered in seasonal packages all year long, which are about 8 weeks each. You will have the opportunity to choose your day, your time, and which season you prefer to come, and then your payment secures your spot on the schedule.

### Session Options:

- ★ Summer (Memorial Day- Labor Day)
- ★ Fall (Labor Day- Thanksgiving)
- ★ Winter (Valentine's- Easter)
- ★ Spring (Easter- Memorial Day)

## EQUINE LESSONS

A lesson plan is created for each of your child's lessons, based on the needs of both horse and rider. The lesson your child experiences will be clear, flexible and individualized, with growth goals in mind.

### Riding Lesson Guidelines:

- ★ Considers safety of primary importance
- ★ Is based on the individual needs, interest, and abilities of the student
- ★ Considers the needs of the partners of the lesson – *the horse*
- ★ Increases student confidence, control of the horse, and balance
- ★ Anticipates problems and plans alternate ways to achieve goals
- ★ Makes learning enjoyable

### Unmounted instruction/ground lessons/rainy days:

Unmounted lessons can be exciting and challenging. They provide background and additional information for arena lessons, trail rides, horse care and ownership.

Unmounted/barn lessons can provide riders with the same enthusiasm as riding and the students will be motivated to participate. Some examples include, but are not limited to:

- ★ Parts of the horse and gear games
- ★ Horse painting and horse bathing
- ★ Horse budgeting and emergency management
- ★ Hoof, health, doctoring, & first aid
- ★ Engaging, interactive discussions focused on horse behaviors, purchasing a horse practice, feed, nutrition, leg wraps, blanketing, show prep and much more!

# FARMSCHOOL

A Homeschool Co-op where prayer, respect, patriotism, chores, critters, yes ma'ams, no sir's and positivity are taught, encouraged. . .and then required.

## FarmSchool Guidelines:

- ★ What: FarmSchool Class (gardening, conservation/science based curriculum, Critter care, camping, planting, farming, outdoor cooking, hiking, rock collecting, etc)
- ★ When: Fridays, 9am- 2pm, each C Bar C Riding Session
- ★ Who: Students ages 5-17 (with flexibility granted considering maturity)
- ★ Why: Non- core required hours with certificate of completion at the end of course, students under the authority of other Christian Adults, social experience and new life experiences.
- ★ Where: C Bar C FarmSchool Classroom, & Covered Arena, Blairstown, Mo
- ★ How: Volunteer teachers weekly, who choose & teach their own curriculum. Modeled after the One room school house model, where students have daily chores and older students help teach younger students and assist the teacher.

## Details:

- Tuition: \$250 per student, per session (6-8 weeks). \$50 discount for children of volunteer teachers
- Parents are welcome to stay and help, or drop off and pick up.
- Students will need: (Lockers Provided)
  - Sack lunch, two snacks & water bottle
  - Boots, jeans, and change of clothes
  - Notebook, pencil & basic school supplies
  - Bible
- Teachers will notify parents ahead of time via group message, if any special requests are needed per your lesson plan that week.
- No Make up classes are offered if canceled for any reason
- No electronics

## ***EQUINE ASSISTED ACTIVITIES: HORSES HEALING HEARTS***

C Bar C offers a faith-based approach for an open, honest, Jesus-centered conversation with a certified wellness-coach/ACSI counselor about dealing with each of our personal or family struggles. We foster emotional growth and help riders find strength in the Lord. C BAR C's goal is to bring mental health, and horsemanship together for powerful equine experiences that help each participant heal, grow, and transform into who God intends.

### **EAA Guidelines:**

- ★ EAA at C BAR C is based on the Equine Assisted Growth And Learning (EAGALA) model, and is most often an “unmounted” equine experience.
- ★ EAA at C BAR C provides activities and inspiration with an optional devotional, upon request.
- ★ EAA encourages coping skills, & equine herd communication and understanding.
- ★ Families are encouraged to participate and communicate together
- ★ Classes are offered by appointment only
- ★ All pictures and information is confidential, unless mandated reporting is required by law.
- ★ Cost based on family size and time required.

## EQUINE CAMPS

C BAR C is pleased to offer a variety of equine camp experiences! Each camp gives riders a chance to spend an entire day, weekend, or week with their horse! This fosters expedited growth in horsemanship by providing more time, experiences, and opportunities to learn. The camps are designed to inspire the riders spiritually, challenge them physically, and help them meet their individual equine goals.

### Camp Guidelines:

- ★ Please send all needed materials daily, such as: Bible, boots, jeans, swim suit, towel, life-jacket, change of clothes & sack lunch.
- ★ Camp must be paid in full prior to Day 1.
- ★ Please drop off campers on time- we have each day's schedule planned to the fullest!
- ★ Be available via phone/messenger at ALL times in case of emergency.
- ★ Allergies and special needs must be documented on your release form.
- ★ If any accidents do occur, parents are required to physically come to the farm immediately, and determine the final decision and/or steps taken regarding their child's well-being.

### Camp Options:

- Cowgirl Campout- Overnight camping experience, with trail riding, cookout, campfire & more!
- Horse Camp- Full Week Day Camp, Intermediate & Advanced Riders, Competitive Horse Show Finale
- Pony Camp- Three day camp, Lead-line & Beginners, Mini-Show Finale
- Cowkid Camp- Day camp for Boys & Girls, beginners to advanced, with farm experiences offered along with equine experiences.
- Fuzzy Horse Camp
- Ladies Horse Camp
- Special Needs Day Camp. . . & MORE!



## **EQUINE EVENTS**

Equine Events at C BAR C are an opportunity to share the love of horses with friends and family. Events are designed for all ages and abilities to enjoy. C BAR C offers unique experiences during events that enhance the weekly lessons and camp. Each event fosters perseverance through challenges and joy!

### Event Guidelines:

- ★ All those who participate or observe at an event must sign the C BAR C waiver, follow all SAFETY RULES, and be respectful of the Christian Values, which are honored and encouraged at C BAR C LLC. (Drinking, drugs and foul-language are not tolerated whatsoever, and smoking is only allowed in the front driveway).
- ★ Please provide your own seating at all events.
- ★ The house is closed to all guests at events, without special permission.
- ★ Please show respect to the property and animals by cleaning up your own trash.
- ★ Pre-registration required for all events

### Event Options:

- January- Fuzzy Horse Camp
- February- Love, Care & Horse Hair
- March- Spring Break Mini Lessons
- April- Saddle Bag Egg Hunt
- May- Memorial Day Cowgirl Campout
- June- Horse Camp
- July- Pony Camp
- August- CowKid Camp & Photo Shoot
- September- Ladies Horse Camp
- October- Gymkhana
- November- Ranch Trail Competition
- December- CHRISTmas in the Barn

**AND MANY, MANY MORE!**

## *EQUINE PROGRAMS & PRICING*

**RIDING LESSONS-** Seasonal Sessions (\$240+)

**EQUINE ASSISTED ACTIVITIES-** EAA are offered to all ages and abilities. We offer equine healing to anyone who needs it because it is good for the soul! (\$40+)

**FARMSCHOOL-** Faith, Family, Farm & Freedom! Homeschool Co-Op (\$250)

**DAY CAMPS-** Farm Days for Boys & Girls; Jesus & Horses (\$60+)

**TINY TOTS-** Early Childhood Equine Lessons, 20-30 minute lessons (\$25)

**RANCH RIDERS-** Intermediate & Advanced Riders, Confident leadership (\$40)

**PONY CLUB-** Beginner Riders, Confident leadership (\$40)

**FUZZY CLUB-** Winter Horsemanship Club for all ages & Abilities (\$30)

**LADIES LESSONS-** Relax, Enjoy, Trail Ride- Human and Equine Friends (\$40)

**BIBLES IN THE BARN-** Pull on your boots and journey with Jesus! (FREE)

**OVERNIGHT CAMPS-** Calling all Cowgirls! Campfires & Trail riding (\$120+)

**LADIES CAMP-** Faith, Farm, Fellowship, Food and Friends (\$75)

**PONY PARTIES-** A celebration worth Neighing About! (\$175+)

**RANCH RIDES-** Friends & Family- Gettin' out of the Arena (\$60)

**GYMKHANA GAMES-** Speed & Pattern Racing (\$75)

**RANCH TRAIL COMPETITION-** Obstacles & Trail Challenges (\$75)

**MONTHLY HOLIDAY EVENTS-** All Ages & Abilities (\$50+)

**CHRISTMAS IN THE BARN-** Jesus is the reason for the Season! (\$15)

**C BAR C MERCHANDISE-** Shop the Outhouse for shirts, hats, & Decals!

**C BAR C LLC EQUINE RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND  
INDEMNITY AGREEMENT**

Parent and Student Name (s): \_\_\_\_\_

Full Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

I hereby enter into this agreement in consideration of my ability, my personal choice, and I give and have permission to ride, use, and/or participate in any Equine activities with or by C Bar C LLC (Name of Equine Facility/ Equine Owner) Whose address is 1275 SW HWY O Blairstown, MO 64726. IMPORTANT NOTICE BY SIGNING THIS AGREEMENT YOU ARE GIVING UP CERTAIN LEGAL RIGHTS, INCLUDING THE RIGHT TO RECOVER DAMAGES IN CASE OF INJURY, DEATH, OR PROPERTY DAMAGE, ARISING OUT OF RIDING OR USING THE OWNER'S HORSE AND/OR PARTICIPATION IN EQUINE ACTIVITIES WITH (Name of Stable, Facility or Owner) C Bar C LLC, INCLUDING INJURY, DEATH, OR PROPERTY DAMAGE ARISING OUT OF THE NEGLIGENCE OF PARTICIPANT, AGENT, PRINCIPALS, AGENTS, OWNER OR ANY AFFILIATION WITH C Bar C LLC. READ THIS AGREEMENT CAREFULLY BEFORE SIGNING IT. YOUR SIGNATURE INDICATES YOUR UNDERSTANDING OF AND AGREEMENT TO ITS TERMS. By signing this form, I hereby acknowledge on behalf of myself and/or my child that I have familiarized myself with the activities that I/we will be allowed to participate in, and that I do hereby acknowledge and agree that I/we will participate in these activities without restriction or limitation. I recognize the inherent risks involved in riding and working with horses, including but not limited to: • Bites, kicks, abrasions or contusions from horses. • Being thrown, bucked off by horses, or falling off of the horse for any reason. • Being stepped on by a horse or pony. • Scratches or other injury from stalls, enclosures, tree branches or terrain. • Scratches or other injury from grooming tools and other equine equipment and tack. • Allergic reactions to animals, hay, or other allergens. • Tripping in holes or on materials or equipment. • Slipping, falling, or otherwise being injured in the barn, in stalls, or on the grounds, which can be slippery, muddy, wet, or contain or present other hazards. I hereby specifically forever waive and release C Bar C LLC and its principals and agents from any liability for injury, physical or emotional, arising out of the inherent risks from riding, working or participating in equine activities, or being around a stable environment and/or with horses, as well as from the active negligence of C Bar C LLC its principals and agents. By signing this agreement I hereby acknowledge that although there may be supervision during my time spent at C Bar C LLC, there will not be a nurse on the premises and C Bar C LLC and its principals and agents bear no responsibility for my health or medical care. I agree to indemnify, save and hold harmless C Bar C LLC any loss, liability, damage, attorneys' fees, or costs that they may incur arising out of or in any way connected with either my presence or participation at C Bar C LLC or any acts or omissions of C Bar C LLC principals or agents. By signing this agreement, I hereby acknowledge my complete understanding, agreement and consent to my presence and/or participation in the activities with C Bar C LLC, without restriction, without liability to C Bar C LLC its principals or agents, and with full knowledge and understanding of the disclosures, waivers, and releases herein. If I am present at and participate in the activities of C Bar C LLC I do so at my own risk, and I hereby acknowledge and agree that C Bar C LLC and of its principals and agents shall bear no responsibility or risk associated with injuries that could arise from my presence or participation with horses and/or any animal owned by C Bar C LLC. I will not hold C Bar C LLC or any members, owners or participant's responsible for any type of injury that may occur during any type of Activities with C Bar C LLC. I understand that I am responsible for any injury, and I am giving up certain legal rights, including the right to recover damages in case of injury, death, damage, or emotional distress, for any activities with C Bar C LLC, which may include, but not limited to: • Riding Lesson/ Instruction on or off property • Pony Rides on or off property • Equine Day Camps • Equine Overnight Camps • Boarding • Leasing Horses • Buying/Selling Horses • Training • Horse Shows/Special Event on or off property • Trail rides • Equine Assisted Therapy I understand that Under Missouri law, an equine activity sponsor, an equine professional, a livestock activity sponsor, a livestock owner, a livestock facility, a livestock auction market, or any employee thereof is not liable for an injury to or the death of a participant in equine or livestock activities resulting from the inherent risks of equine or livestock activities pursuant to the Revised Statutes of Missouri. (Missouri Equine Council). I grant permission for the use of any/all photos and video to be used. I understand that C BAR C and affiliates do not hold a specific training or certification for equine lessons, training, EAA, equine therapy, or any other training.

Full Name of Rider: \_\_\_\_\_

Date: \_\_\_\_\_

Guardian/Self Signature: \_\_\_\_\_

Email and/or Phone: \_\_\_\_\_



- I have read and understand the C BAR C Program Handbook.
- I have read, signed and understand the C BAR C Waiver.
- I have notified C BAR C in writing of any allergies/special needs.
- I understand that C BAR C does not provide refunds, or financial compensation for any reason whatsoever.

Name of Rider: \_\_\_\_\_

Date: \_\_\_\_\_

Participants Signature: \_\_\_\_\_

Guardian/Parent Signature: \_\_\_\_\_

Preferred Lesson Session and Time: \_\_\_\_\_

Forms of payment accepted: Cash and Card (card w/ fee)